

Name _____

Date _____

Game _____

Use this worksheet to help you create rules that work for you, your friends and your family. Remember, not all the rules need to be written down, just the important ones.

| Rule | Reason for the Rule | Consequence |
|---|---|---|
| When Dad is playing Wii Golf, he has to play left-handed. | Dad is too good at Wii Golf and he always wins. There's no point playing him. | If he uses his right hand, he has to close his eyes |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

| Positive Rule | Reason for the Rule | Reward |
|--|---|--|
| If Tim loses a game, he must try to stay calm. | Tim needs to learn to cope with disappointment. | If he stays calm, he can choose the next game. |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |